**Sample Conversion Rates:**

|  |  |  |  |
| --- | --- | --- | --- |
| **Time** | **Distance** | **Volume** | **Mass / Weight** |
| $$\frac{60 seconds}{1 minute}$$ | $$\frac{12 inches}{1 foot}$$ | $$\frac{2 cups}{1 pint}$$ | $$\frac{16 ounces}{1 pound}$$ |
| $$\frac{60 minutes}{1 hour}$$ | $$\frac{3 feet}{1 yard}$$ | $$\frac{2 pints}{1 quart}$$ | $$\frac{2000 pounds}{1 ton}$$ |
| $$\frac{24 hours}{1 day}$$ | $$\frac{1760 yards}{1 mile}$$ | $$\frac{4 quarts}{1 gallon}$$ | $$\frac{}{}$$ |
| $$\frac{7 days}{1 week}$$ | $$\frac{5280 feet}{1 mile}$$ | $$\frac{128 fl. ounces}{1 gallon}$$ | $$\frac{}{}$$ |
| $$\frac{52 weeks}{1 year}$$ | $$\frac{10 millimeters}{1 centimeter}$$ | $$\frac{10 milliliters}{1 centiliter}$$ | $$\frac{10 milligrams}{1 centigram}$$ |
| $$\frac{10 years}{1 decade}$$ | $$\frac{100 centimeters}{1 meter}$$ | $$\frac{1000 milliliters}{1 liter}$$ | $$\frac{1000 milligrams}{1 gram}$$ |
| $$\frac{100 years}{1 century}$$ | $$\frac{1000 meters}{1 kilometer}$$ | $$\frac{1000 liters}{1 kiloliter}$$ | $$\frac{1000 grams}{1 kilogram}$$ |